

# Get Health Results!

## Client Recommendations

"I recommend Merav's knowledge as I have benefited from her advice. I have changed my eating habits over the last 18 months and I have found it's given me a huge increase in my energy levels with really positive changes in my thyroid function. When I need a tea my body's taste buds direct me to choose which one I need and it tastes really good and then I feel better. With persistence every week I notice changes in my body and how my uncomfortable symptoms have disappeared. People around me comment on how well I look and I am feeling much better with increased and lasting energy."

### Karen Larsen

Massage Therapist  
Dip Therapeutic Massage  
Dip Neuromuscular Therapy  
Specialises in Therapeutic,  
Neuromuscular, Sports,  
Myofascial and Soft Tissue Therapy

"I filled out a questionnaire for an individual assessment and we went from there. With Merav's help, I introduced new and healthier options into my diet. I had to be very dedicated making up teas and natural medicines each day. The results were amazing! I feel that I am the healthiest I have ever been. I highly recommend Merav. I have used Merav's services for clients during pregnancy, postnatal care and also for their babies, for many different reasons. She has a caring disposition and is extremely knowledgeable in her field. She can be trusted as a practitioner."

### Aunouska Myer

Independent Midwife (Nelson)  
Specialises in pregnancy and  
postnatal mother and child  
medical care

[lifehealingfood.com](http://lifehealingfood.com)

Know the freedom to get well, look well and stay well, with safe, life healing foods at [lifehealingfood.com](http://lifehealingfood.com)



**Merav Reid** is an Independent Medicinal Food Consultant with BBS, Science papers and Pharmacy Dispensary Assistant Qualifications. Her precision in individual assessment and total well-being is gained from 35 years research and experience. Merav offers the safest, specific and most appropriate quality Life Healing Food (pharmacognosie & ethnopharmacy) for complete well-being. She sources only quality Life Healing Food for her 'First Aid Wellness Store.' Merav is an encyclopaedia of information concerning food. Her nice healthy foods safely satisfy, heal your body and reduce your living costs. Try them so you can get well, look well & stay well!

### Life Healing Food Specialises in:

**Abiogenésis:** which is the spontaneous generation of the natural biology of all physical life.

**Pharmacognosie:** which is the research of the natural biological and chemical properties (the healing food essences) of all food and vegetation including – trees, plants, roots, seeds and leaves that when eaten sustain life. — **Merav Reid**



**Contact Us: Life Healing Food Consultancy Centre + Store**  
25a Postgate Drive,  
Whitby, Wellington 5024  
**Merav Reid**  
Medicinal Food Specialist  
Business: +64 (0) 4 235 9262  
Mobile: +64 (0) 27 352 8131  
Email: [info@lifehealingfood.com](mailto:info@lifehealingfood.com)  
[www.facebook.com/lifehealingfood](http://www.facebook.com/lifehealingfood)  
[www.lifehealingfood.com](http://www.lifehealingfood.com)



You are what you Eat, Drink, Breathe, Use & Absorb  
Merav Reid

You are what you Eat,  
Drink, Breathe,  
Use & Absorb !

Merav Reid

Life  
Healing  
Food  
Consultancy  
Centre  
(LHFcc)



+  
Medicinal Food  
Consultation  
Packages

+  
First Aid  
Healing  
Store

## Did you know Food was and still is the best healing medicine?

Life Healing Food was the first source of pharmacy medications. At Life Healing Food Consultancy Centre (LHFcc) we use safe, Life Healing Food, for specific solutions to "correct the cause and origin of disease so you can get well, look well and stay well!"

As complementary medicine we replace supplements with Life Healing Food and reduce the need for medicinal medications. Life Healing Food in traditional and tasty life healing combinations, naturally corrects and protects the body from imbalances and harmful effects. You gain nutrients, repair and restore cells.

Learn about foods that prevent high blood pressure and weight problems. Know foods that improve chronic and autoimmune diseases e.g. chronic fatigue, and hereditary diseases.

### First Aid Medicinal Store

Our medicinal all purpose store has quality safe 'First Aid' healing food/teas/coffees, 'Green Prescription Recipes' and life healing body products. **Download our Shopping List and Brochures** to get safe life healing food supplies at [www.lifehealingfood.com](http://www.lifehealingfood.com)

**Life Healing (Rongoā-Medicine)** is food with healing plant essences. It is unrefined, whole, healthy and closely resembles the state in which it originally and naturally grows.

— Merav Reid

## Health: 'Medicinal Food Consultations'

### 1. Short Emergency First Aid Package:

Immediate 'Life Healing Food' answers given in person/phone/Skype). Minimum time 10 minutes at \$20.00

### 2. Regular Check-up Package:

30 minute health consultation for \$60; with a 30 minute follow up the following week for \$60; Plus, weekly phone call's if needed, charged by time taken, for example, 15 minutes would be \$30 **\*\*This would suit a single health issue to be resolved.** With all consultations we aim to get to the origin and cause of disease and to prevent a symptom resurfacing. It is reliant on you using daily 'Life Healing Food' then your feedback and progress is adjusted.

### 3. Life Consultation and Analysis Package:

When you fill out a health analysis questionnaire and daily food plan diary it reduces the price as we only charge a flat charge of \$60 for the thorough analysis of your answers. Then, a first consultation is arranged, where you record answers, to take home. Approx \$120-\$240 for a 1-2 hour consultation with a personalised weekly food plan. One follow-up phone consultation for free. Your feedback and on going support helps you 'Get well, Look well and Stay well'!

### \*\*Some Specials

1. Enjoy **free food tasting** and gain self-knowledge for life, with a Life Consultation Package.
2. Arrange a talk of at least 7 people and get a **half hour consultation free, worth \$60**
3. Refer a **friend** for a consultation and you get a free refill first aid tea worth **\$17.50.**
4. Get more free offers for consultations, newsletters and store specials by emailing: [info@lifehealingfood.com](mailto:info@lifehealingfood.com)

The Doctor of the future will give no medicine but will interest clients in the care of the human frame, in diet and in the cause and prevention of disease. (paraphrased)

— Thomas Edison

## Imagine Enjoyable Healthy Living!

### Benefits

- Enjoy the nicer taste of healing food
- Remove and counteract the bad effects of chemicals e.g. tobacco, caffeine, alcohol and supplements
- Be protected from artificial chemicals
- Know the best 'First-Aid teas & foods'
- Live without dieting or guilt
- Understand your unique body
- Correct and protect your health
- Reversal and repair of disease
- Improve immunity and well-being
- Feel well, look good and younger
- Develop new healthy cells, nerves, bones, skin, tissues and organs

### And more ...

- Gain self knowledge
- Use the safest green prescriptions
- Promote your own vitality
- Understand life-long well-being
- Understand long-lasting solutions
- Satisfy your food cravings
- Have your questions answered
- Reduce your health and living costs
- Feel nourished and satisfied



Copyright© Life Healing Food™ (2000-2018)  
All rights reserved

24.08.18